



Hello neighbours and local businesses,

We are Kate Triscari (Kate Triscari – Sports & Remedial Massage) and Beck Farlow (Got That Knot Remedial Massage). We are holding a fundraising event/auction for Purple Day on **Saturday 30<sup>th</sup> March, 2019, 12.30pm, at Singleton Sports & Community Centre**. Purple Day, an initiative headed by Epilepsy Action Australia, is the main fundraising and awareness campaign for Epilepsy in Australia.

One of the key goals of Epilepsy Action is to increase awareness, understanding, knowledge and skills about epilepsy. By hosting a Purple Day fundraising event our staff will be helping to achieve this. Epilepsy is the world's most common serious brain disorder. More common than Parkinson's, cerebral palsy and muscular dystrophy combined, and yet there is very little understanding about epilepsy in the community.

We are seeking generous donations of goods or services from local businesses & residents so we can beat Kate's 2018 fundraising effort of \$8500.

The event is to be focused on bringing the residents of our local community together, and any supporters will be recognized through our social media pages, and the event itself.

#### Chloe Jill Darrah, 04/05/2017 – 17/09/2017

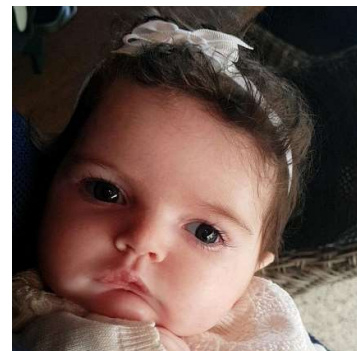


*"Chloe's brain didn't develop properly, which cause her to have severe seizures from 2 weeks old until she lost her brave battle with refractory epilepsy in September 2017, aged just 4 and a half months. Chloe spent her short life in and out of PMH, with more time at hospital than at home.*

*While we were in PMH we met many other families, whose children have epilepsy. Out of the many people who have epilepsy, 70% get seizure control through medications and sometimes diet. 30% of*

*sufferers don't get any seizure control. Sadly, Chloe fell into that 30%, as does the daughter of a very good friend, who we met at PMH.*

*We want to raise awareness as well as much needed funds to help prevent another family having to go through what we are with losing Chloe."* -Kate Triscari



#### Riley, 17 years old



*"This is Riley. He was born with a hypothalamic hamartoma, which is just a fancy way of saying rare benign brain tumour. This causes a myriad of problems. But 1 problem is a daily struggle. Epilepsy. A rare, uncontrolled Epilepsy. In 2008 his father had to revive him. Twice. In 2009 we drove interstate and sat outside the recovery room doors for 9hrs while they operated on my 7yr olds brain. It didn't work. His seizures became progressively worse and we were on a 1st name basis with the local ambos. In 2014 he*

*had a new procedure called Stereotactic Radiosurgery. We watched as they sedated our 12yr old, hammered a metal cage into his skull and chained him to a bed. So precise was the radiation that they couldn't chance any movement. It didn't work. In the last 5yrs his seizures have increased and he now needs 24/7, 1:1 care. His cognitive decline was so rapid that he was moved to a special needs class and is not the active independent 17yr old that his siblings were able to be. When Beck told me that Got That Knot wanted to raise money for Epilepsy Action, she asked me if I could help her tell Riley's story. Because Epilepsy kills people. Daily. And she wants to help. Why?? Because Beck is my sister. This story isn't something she read about in an article. This is her nephew."* -Rachel Jimenez



**GOT THAT <not>**  
MOVE. BETTER.

**Epilepsy Action Authority to Fundraise Number: 71774**  
**Volunteer Fundraiser: Kate Triscari, Rebecca Farlow**  
**Contact: k.triscari@bigpond.com, gotthatknot@gmail.com**